



Red Ribbon Week



Spirit Days

October 23-25

Monday:

"I'm *RED*-y to be Drug-Free — I'm a *JEAN*-ius!"

Wear red and jeans in honor of Red Ribbon Week.



Tuesday:

"Making safe and healthy choices is no *SWEAT*!"

Wear yoga pants and/or sweats today.



Wednesday:

"We *RESPECT* our bodies and pledge to join *hands* together!"

Dress your best in honor of Red Ribbon Week and sign handprint pledge.



**** Students will also receive a spirit stick during RRW. ****

Red Ribbon Week is celebrated nationwide to promote saying "no" to drugs and saying "yes" to a healthy lifestyle. Kids want their communities, homes, families, and themselves safe from the threat of alcohol/drug abuse and safe from peer pressure. We want to help our students learn about the risk associated with drug use and help them become better problem solvers. We will encourage students to unite in their efforts to support each other with positive peer pressure. We want to let kids know it is not necessary to use drugs/alcohol or to get in trouble to be "cool". We will talk about making safe and healthy choices in life!